

From Charles Fillmore's book: Teach Us To Pray.

*“Spiritual character building is from within outward. Spiritual character lives in man; it is what God has engraved on man's soul, ready for development through man's spiritual efforts. It is a reserve force of organized victory over carnality.” Teach Us To Pray p12.*

The path and process of the self realization of the presence, pattern and power of God within does not happen by accident. To this end we are inspired to ask, seek and to knock. It is the reason we live. It is the purpose of our being, to realize Oneness.

*“Man builds spiritual character by consciously functioning in God-Mind, where, laying hold of spiritual ideas, through Christ he realizes the Truth they contain; and as he thus weaves them into his soul consciousness they become a part of his very nature.”*

*“Our most effective prayers are those in which we rise above all consciousness of time and space. In this state of mind we automatically contact the Spirit of God. Indeed when we elevate our consciousness to that of Jesus Christ, the God presence becomes as meaningful to us as it was to Him. It is in this state of at-one-ment that we truly become aware of His sublimity and power.” Teach Us To Pray p.12*

By attuning to God's presence through prayer and meditation we we become aware of and apprehend Divine Ideas. By affirming Divine Ideas, aligning our thoughts, feelings, words to Divine Ideas, and applying such to our life experiences we appropriate the Truth of Divine Ideas into our consciousness and our being. This is the spiritual practice of Atonement, At-One-ment. This is how we experience and express spiritual authenticity and integrity.

By living in the awareness of God's presence, we apprehend and appropriate the pattern and power of the Truth of Divine Ideas into our consciousness, being and life. Hereby do we realize a life of spiritual purpose, passion, power and prosperity.

We play a proactive part in our self realization of our Divine Nature. It requires our investment of time and effort. Its the best investment we can make. The reward of spiritual treasure is priceless to us.