

The AFFECT of Prayer:

Prayer is a tool of mind, or awareness. By prayer we direct our awareness, attention and concentration to make contact with, to commune with the presence of God within us. The act of prayer and meditation is the act of 'going into our closet' into the personal and privacy of our mind and there to commune and make contact with Divine Mind.

Matthew 6:6 NKJV

"But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly."

The contact with Divine Mind that we effect through prayer affects in us the awareness of the Truth of Divine Ideas, and these we recognize as the truth of our being. This awareness of truth results in the process of the apprehension and appropriation of Truth in us and our lives, and through us into the world today. In this way we also affect the world by becoming the light of Truth on a hill for all to see.

Prayer affects us and not God. The presence and power of God is our constant and consistent companion. There is no time when we are not one with God's presence and power. It is the source and supply of our experience to the degree we are aware, attuned, aligned and applying it to ourselves and our lives. We make this contact with the Divine Presence and Power within through prayer and meditation.

"To one in understanding of Truth, prayer is an affirmation of that which is in [Being](#). Then, why the necessity of the prayer, or affirmation, if the desired condition already is? In order that the creative [law](#) of the [word](#) may be fulfilled, we must pray." Metaphysical Bible Dictionary

The EFFECT of Prayer:

We have said that prayer is a tool of mind, and as such has an effect on Mind / mind. Mind operates by law; the law of mind action, that pattern of thought, feeling word and action placed in mind, produces, like a seed to the law of the harvest, after its own kind.

"In true prayer we take with us words of Truth, a statement of Truth, or an affirmation, and turn our attention within to the very center of our [being](#), where the [Father](#) dwells. We affirm these words of Truth and meditate on them, then get very still and wait in the silence for [God](#) to make them real to us." Metaphysical Bible Dictionary

Prayer enables the law of mind action to realize its Truth in us, demonstrate its Truth through us and manifest Truth in the experience and expression of our lives.